

# **RETURN TO COMMUNITY NETBALL**

Effective 18 May, 2020

## **GUIDELINES FOR CLUBS AND ASSOCIATIONS**



USE OF OUTDOOR VENUES ONLY



GET IN, TRAIN, AND GET OUT



GROUPS OF UP TO 10, PLUS COACH AND/OR ESSENTIAL SUPPORT PERSONNEL



IF YOU FEEL UNWELL, DO NOT ATTEND



MAINTAIN 1.5 METRE PHYSICAL DISTANCING



PARTICIPATION SHOULD BE OPTIONAL

#### **GROUP LIMITS**

Use of outdoor venues only. Indoor venues remain closed for the purpose of exercise or sport.

Groups of up to 10 people, plus a coach or the minimum number of support personnel reasonably required to manage the activity.

One group of 10 people, per netball court. Where the facility has multiple courts, more than one group of 10 can be accommodated.

- A netball court will be considered a zone, and as such, each group must train on their designated court.
- Groups of 10 should not mix with each other and should remain constant (i.e. no swapping between groups).
- Ensure that multiple groups do not congregate.
- Consider staggering training times to reduce contact between groups. Allow 20 minutes between each group's scheduled training time.

#### **ACTIVITY AND EQUIPMENT**

All activity and training must be non-contact.

No competitions or match play to take place.

Netball training must be modified so participants can maintain a 1.5 metre physical distance.

Activities may include small group training, based on fitness or skills with set drills but no direct contact.

Minimise the use of shared equipment. The use of a ball and other equipment is permitted but should be kept to a minimum, and equipment must be sanitised after each group's use.

Do not use bibs.

Do not share personal items.

Each group is required to provide their own first kit aid with a sufficient supply of gloves and sanitizer.

Collect and maintain a record of attendees, including first name, phone number, and the date and time of each session (refer to template provided by NV). This must be provided to Department of Health and Human Services on request.

Ensure your participants are registered Netball Victoria members.

Participation in training is optional and at the individual's discretion.

1



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## **VENUE MANAGEMENT**

Contact your local council or your facility manager to confirm access, classification and other specific venue arrangements, such as access to toilets.

Complete Netball Victoria's Return to Community Netball Checklist in order to safely prepare the netball environment.

Communal indoor facilities such as canteens and clubrooms must remain closed. Access to toilets is permitted (subject to facility manager advice).

Develop a plan to manage the arrival and departure of participants to ensure they are maintaining physical distancing.

Clearly mark entry and exit points throughout the venue and stagger training times when multiple groups use the venue.

Limit the number of teams training at the one venue by exploring alternative training nights and/ or venues. Consider alternate venues or areas that are well lit, free of obstacles and enable physical distancing.

Provide hand sanitising dispensers at entry and exit points.

Regularly clean and disinfect frequently used surfaces, such as benchtops and doorknobs.

Regularly clean toilets and communal areas with disinfectant and maintain a cleaning log.

Develop a cash-free mechanism and procedures. If that is not possible, adopt a plan to minimise and manage cash handling.

## **SPECTATORS**

No spectators are permitted to attend any session.

Parents and guardians are required to keep a reasonable distance from the training group, or will be considered part of the group up to 10 people.

## **HEALTH AND HYGIENE**

Anyone who is unwell should not attend any group netball activity and should be referred to a doctor.

Community netball participants should not return to netball if in the last 14-days they have been unwell or had close contact with a known or suspected case of COVID-19.

Promote regular and thorough hand washing by all staff, volunteers and participants.

Encourage your members to download the COVIDSafe App.

Please refer to the Victorian Department of Health and Human Services processes upon confirmation of a positive COVID-19 case.

Associations, Clubs and venue managers will be required to provide the Department of Health and Human Services all attendance information on request and adhere to any further direction that may be issued.

For more information, contact Netball Victoria at participation@netballvic.com.au

